# Sharing by Year Head

- ☐ Transition from preschool to primary school
- Well-Rounded Curriculum
- ☐ Student Well-being
- □ School-Home Partnership



## Transition from preschool to primary school

Bigger physical setting

Larger class size

New peers

Transition to primary school

Greater independence



More structured learning environment

New teachers



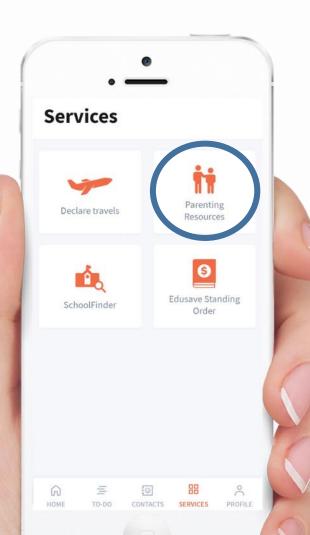
# RESOURCES FOR PARENTS

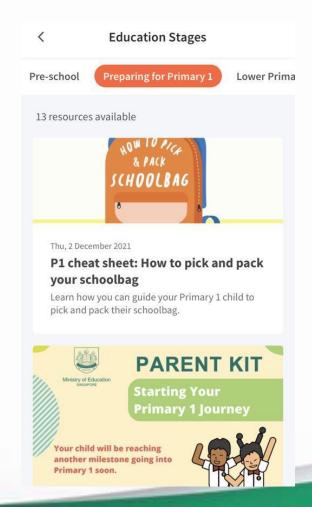


# ONLY ON PARENTS GATEWAY! A ONE-STOP PORTAL OF RESOURCES

### Parenting Resources repository

A repository for parents to browse resources on topics such as preparing for Primary 1, forging parent-child relationships and education pathways.







Find out more about Parents Gateway Here.



## WHAT'S AVAILABLE ON THE REPOSITORY?



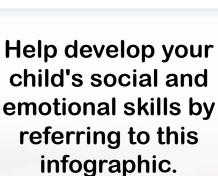
Fri, 23 September 2022

[Preparing for P1 - PDF] Supporting Your Child Through the Primary 1 Journey

Click to download or view this issue on preparing your child for P1.

Find out what your child really needs for Primary 1.





Teach Your Child

Social Emotional Skills

BE READY FOR LEARNING

[PDF] Social skills to prepare your child

What you can

What your child

may learn in school

Mon. 18 October 2021

for Primary 1



Mon, 23 August 2021

Are you over-preparing your child for P1?

Learn how overpreparing your child may hinder learning.

Are you over-preparing your child for primary school?

How to cultivate the love for reading? **Check out resources** from the National **Library Board.** 



Wed, 15 December 2021

[NLB] LearnX Reading - Primary

Create fun experiences for your child to discover the joy of reading.

## WE ARE HERE TO SUPPORT YOU!



#### **Parent Kit**

Parent Kit



Each Parent Kit issue contains bitesized actionable tips with supporting resources for parents to help them support their child in their education journey.



#### Schoolbag.edu.sg

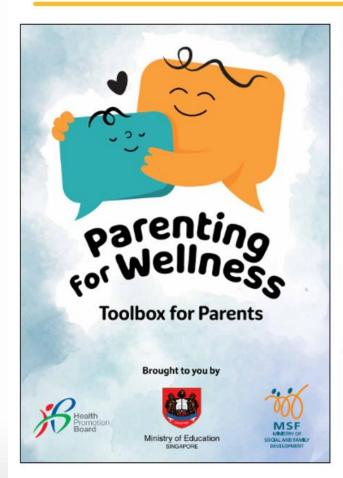
www.schoolbag.edu.sg

Through articles and multimedia content, Schoolbag provide parents and general public with information and insights related to education, tips for parent involvement and features on school programmes.





## **Parenting for Wellness Toolbox**





An initiative to empower parents with key knowledge and skills to build strong parent-child relationships, strengthen their children's mental well-being and resilience, and parent effectively in the digital age.

The Toolbox for Parents comprises bite-sized practical tips and strategies for parents, such as ways to create a safe and nurturing home environment, build resilience in children, and stay safe online.



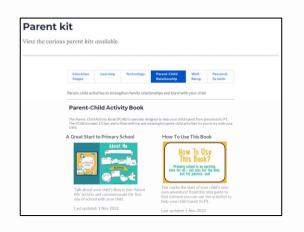


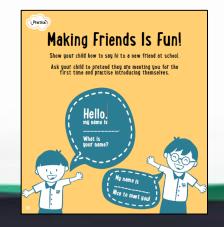
## PARENT-CHILD ACTIVITY BOOK

### PARENT-CHILD ACTIVITY BOOK (DIGITAL)

10 TIPS FOR
PARENTS to help you
navigate your child's first year
in primary school.

Chat with your child
Boost their confidence
Practise various scenarios
Create something interesting
Thank others for their help
Pledge to do things together





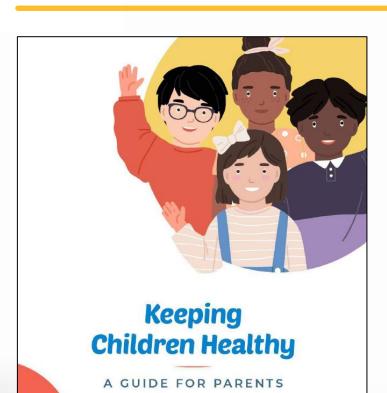




## WE ARE HERE TO SUPPORT YOU!



### KEEPING CHILDREN HEALTHY – A GUIDE FOR PARENTS



Is your child transitioning to P1?

Unlike preschool where your child is served meals based on a fixed menu, they will have to start making more independent choices about what they want to eat in primary school.

This transition from being served to choosing for themselves can be daunting for children, Prepare them for it in the following ways:



a) Talk to your child about 'My Healthy Plate' and highlight the importance of different food groups in our diet. Teach them how to choose a combination of dishes using the 'quarter-quarter-half' method so they learn to incorporate all food groups in their meals.













**Edition 2** 







## WELL-ROUNDED CURRICULUM

- Holistic education
  - √ knowledge
  - √ skills
  - √ values
- Well-being





- Welcome Back to School Programme (Term 1 and Term 3)
- Termly Check-in Surveys and Activities
- Teacher-Student Dialogue Sessions
- Learn & Bond Programme
- R U OK Campaign
- Raffles Fiesta
- Extended Recess (Unstructured playtime)
- Buddy System
- Character Development Programme (CDP)



WBTS-Term 1 and Term 3







After the school tour, let's take a look at the various places in our school again

# WBTS-Term 1

# Getting to know how you feel

How do you feel about starting Primary One? What makes you feel this way?

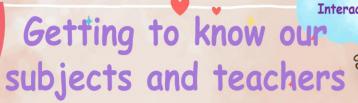


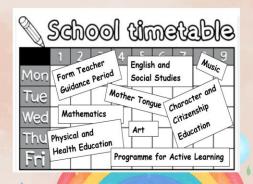
TIME TO SHARE!

Bonding 1

# Getting to know

Share one or two things about yourself (with your group or with the class)







Interaction 1

### **Termly Check-in Surveys and Activities**



Who do you talk to when you need help? [Choose as many as you like.]

- I talk to my family.
- I talk to my teachers/school counsellor.
- I talk to my friend(s).
- I have no one to talk to.
- I prefer to keep to myself and not talk to anybody.
- I call helplines like Tinkle Friend.

What do you like to do during your free time?

- Reading books
- Playing with my brother/sister/friend
- Exercising/playing in the park
- Doing art and craft (for example, drawing)
- Playing computer/online games
- Watching TV/online videos

Others



**Teacher-Student Dialogue Sessions** 



### **Extended Recess**



Library



**Tinkering Courtyard** 



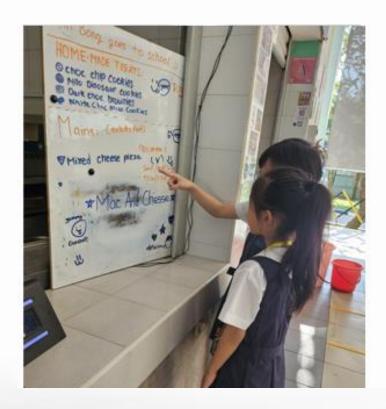
Learn and Share Corner



Playground



### **Buddy System**







#### **School Counsellor**

Ms Audrey Leong Yoke Leng

Ms Audrey Leong Yoke Audrey\_Leong\_Yoke\_Leng@schools.gov.sg





### **Parents Gateway**



Gateway

- Get access to all school announcements and updates
- Give consent for your daughter/ward participation in school activities anytime, anywhere
- Book your preferred slots for Parent-Teacher Conference
- Declare any travel plan of your daughter/ward.



### STUDENT ATTENDANCE

- Students are expected to be regular in their attendance. Parents/guardian are strongly discouraged from taking the students out of school during term time for extended holidays or other reasons. Permission has to be sought from the Principal for such matters.
- Students who are absent must produce a Medical Certificate or a letter of explanation from parents on the day they return to school.

To support the school's efforts to achieve a greener environment, do remind your child to:

- 1. Pack food/snack into a lunch box for snack time/recess time
- 2. Bring own container if she is buying food home





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